



# NAWIC Tucson Chapter #122

**Tucson, AZ**

**September 2023**



Hello NAWIC Members & Friends,

It is with a bitter-sweet spirit that I announce that this is my last newsletter article as your NAWIC Tucson Chapter #122 President. I want to express my heartfelt thanks to all the members of this organization for your unwavering support and dedication. Over the past 12 months, we have gone through many experiences together. We have faced challenges and the loss of our founding leader and celebrated successes, but most importantly, we have grown together as a chapter. These experiences have brought us closer together and helped us become a stronger organization better equipped to support women in construction.

We have continued forward, championing Shirley's vision, and keeping her within each one of us in spirit and action. Together, as the great team that we are, we have grown this chapter by over 10%. Our events have had increased member participation, yielding increased awareness of our support of women in the construction industry. Continuing this forward through new ideas and innovative ways to build our membership will increase our effectiveness as enablers for those women and young ladies who want to pursue construction.

I have great confidence in the hands that the

baton is now being placed. We can together look forward to and expect great things from this coming year's champions:

Here they are!

**2023-2024 Tucson Chapter Board Members:**

**President - Jamie Thrush**

**Vice-President - Kimberly Dycus**

**Secretary - Meredith Alarcio-Caldon**

**Treasurer - Michelle Valenzuela**

**Directors:**

**Amanda Frank**

**Becky Johnson**

**Courtney Petersen**

Lastly, no tears here, promise; thank you all for an amazing year filled with great experiences with even greater people!

Honored to have been your President,  
Tracy D. Miller

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Speaking of the incoming Board, we are still looking for volunteers to fill the following positions:

Website  
NEF Blocks Kids  
Co-chair for Gaslight  
Mentorship

If interested reach out to Jamie Thrush [jamie.nawic@yahoo.com](mailto:jamie.nawic@yahoo.com)

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## NAWIC 68<sup>th</sup> Annual Conference 2023 August 9-12 Portland, OR

Kimberly Dycus

Renewable Energy Coordinator at McCarthy Building Companies

Tucson Chapter Director, Cornerstone Foundation Board Representative & Incoming Vice President

It was an honor to attend the recent NAWIC Annual conference on behalf of the Tucson Chapter #122. You can learn about all the event details in the NAWIC Today Sept/Oct Issue. Experiencing the event through the lens of a “first timer” inspired my commentary on several different facets of the week. These are my impressions.

**NAWIC Family:** With 581 attendees, this event is a huge cultural phenomenon with women negotiating time off and costs of the conference into their job contracts to spend time with their colleagues and friends. Shirley Dail from the Tucson chapter and 28 other women were honored in memorandum on screen and with the poem Wild Women.

**NAWIC Dedication:** Many awards are given at the national, committee, regional, and individual levels. I witnessed one woman beginning to cry when she realized she was about to be called on stage for an award. She had completed a long journey of finishing her graduate degree while caring for small children and working a full-time job in the industry. I started to cry for her too.

**NAWIC Growth:** Keynote Speaker Dr. Rhianna Rogers shared her goal to advise politicians on the park being built around SoFi stadium. She is a cultural anthropologist and moved into the Englewood neighborhood, so she lives the experience. Keynote speaker Jamie McMillan provided a blueprint of how to present the construction trades in schools. We are facing a labor shortage in the coming years.

**NAWIC Fun:** The leadership of the PSW Region went on a ghost bar crawl in

downtown Portland. These ladies are a close group but welcome strangers with open arms. We learned about the three types of ghosts and the dark history of the Shanghai tunnels underneath Portland. Creepy – but fun!

### Key Takeaways:

- It was obviously true - you get out what you put into NAWIC.
- Take advantage of the NEF PE&D courses – new DEI certificate on the way!
- Read the bylaws – if submission dates change, you miss out on award opportunities.
- Be leaders in construction – THE IIJA has 1.2 trillion to spend; help partners navigate red tape.

Get involved in your community...

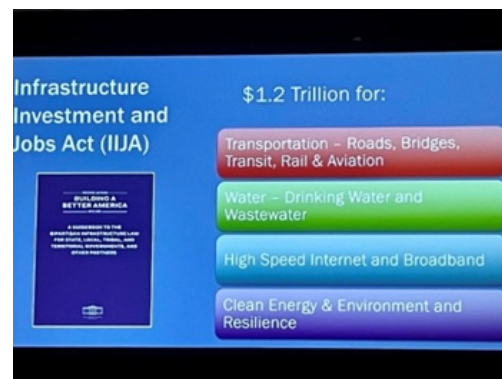
- Construction camps for young girls
- Youths' hunt for "fossils" construction materials (from Vulcan for example)
- Promote the NAWIC Trade Scholarship at local Union halls.
- Host a Happy Hour for Women-Owned Businesses
- Partner on events with AIA and other industry associations

Develop your personal brand – name 5 things that are special about you.

Use a Positive Frame:

- charming – not silly
- pragmatic – not dry
- direct – not rude
- proactive – not anxious

What will you do this year with your NAWIC membership and New National President Karen Hager's theme: Keys to the Future?



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**Below is the Poem that was read in honor of**

# Shirley Dail and 28 others in memorandum at the conference.

The Wild Woman,  
by Latha Prem Sakhya

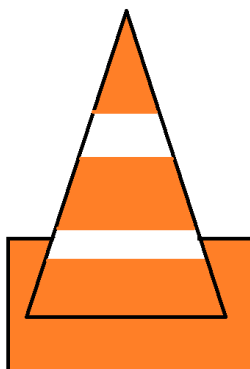
She surfaced  
Through the myriads of materialistic layers  
Overpowering and taming the self  
Ensnared in mores and traditions.  
A butterfly in its beauty and naturalness  
A life force, free, unhampered  
A spirit of attunement  
Leading to pathways strange  
Hitherto submerged and hidden  
Trusting your heart  
Trusting the small guiding voice  
Inside, wild, yet authentic  
And true to self  
Doing what gives joy-  
Laughing, crying, dancing, howling,  
Sniffing, growling, scratching, loving,  
Running free, taking naps- the female soul  
The source of the feminine, a luminous being  
Sagacious, instinctual source of feminine survival.

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**Congratulations to McCarthy's ARB project for winning ENR Southwest's annual Best Projects Competition (Best Higher Education/Research). See the full article [here](#).**

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## Safety Moment



September is Suicide Prevention Month — a time to raise awareness and discuss this highly stigmatized topic. This is a time for you and your company's to make

employees aware of the resources available to them, both within your company and externally. Below are some resources for those who need them. Just remember, it's ok not to be ok and it's ok to ask for help.

<https://www.nami.org/Get-Involved/Awareness-Events/Suicide-Prevention-Month>

<https://988lifeline.org/promote-national-suicide-prevention-month/>

<https://www.samhsa.gov/newsroom/suicide-prevention-month>

SEPTEMBER  
**SUICIDE  
PREVENTION**  
AWARENESS MONTH



Vanessa Guzzo - September 9th



Florence Bramlett - 1996  
Jamie Thrush - 2020  
Marnie Prince - 2022  
Nancy Quinn - 2022



2023 Tucson Daily Star Winners and Favorites - NAWIC Members

Winner:

Best Junk Removal - Junk King - Member: Marnie Prince

Favorites:

Best Landscaping Company - Arcadia Landscape - Member: Jan Marshall

Best Roofing Company - 1 By 1 Roof, Solar, & Paint - Member: Tracy Miller

Best Skylight Company - The Solar Store - Member: Katharine Kent

Best Solar System - The Solar Store - Member: Katharine Kent

Congratulations, Ladies!



Tucson, AZ

**Nawic Charity Golf Tournament**

Located at Del Lago Golf Club  
14155 E. Via Rancho Del Lago  
Vail, AZ 85641

Friday October 13, 2023  
CHECK-IN: 6:00 A.M.

SHOTGUN START: 7:00 AM

Looking for volunteers to help with the NAWIC golf tournament. If interested contact Jamie Thrush @ [jamie.nawic@yahoo.com](mailto:jamie.nawic@yahoo.com)



Pacific Southwest Region



Pacific Northwest Region

# SPRING FORUM 2024

*Ala Moana Hotel, Oahu, Hawaii*

**MAY 8-10, 2024**

Join us for the 2024 Pacific Southwest Region  
and Pacific Northwest Region Joint Spring Forum!



*Nā Wāhine in Construction Unite!*

*Women in Construction Unite!*





29th Annual  
Cornerstone Awards Presentation and Dinner

November 14, 2023  
at the  
Desert Diamond Casino Ballroom

Submit Your Nominations

REGISTRATION OPENING SOON!

NOMINATION FORMS

[29th Annual Cornerstone Awards Nomination Form](#)

[14th Annual Jerry Wyatt Community Service Award](#)

[2nd Annual Shirley Dail Award](#)

There are three (3) different award nomination forms.  
Forms may be submitted for any or all three award types: Cornerstone Awards, Jerry Wyatt Community Service Award and/or Shirley Dail Award)  
Note that there are eight (8) industry categories for the Cornerstone Awards.  
Nominations may be submitted on the same form for all or specific categories.  
Please see the FORMS for more information.

SUBMIT All Forms to: Cornerstone Awards Program c/o Arizona Builders


Membership Dinner  
Wednesday, October 11, 2023



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**Tucson, AZ**

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5:30 p.m. - 6:00 p.m. Networking  
6:00 p.m. Dinner  
6:15 p.m. - 7:30 p.m. Program

**DoubleTree Reid Park**

Boojum Room  
445 S. Alvernon Way  
Tucson, AZ 85711

Please join us for this month's Membership Dinner  
where we will be announcing the scholarship  
winners as well as celebrating the Outgoing  
Tucson Chapter #122 NAWIC Board and swearing

in the Incoming Tucson Chapter #122 NAWIC  
Board !



## **Capital Pump & Equipment**

Thanks to our raffle sponsor for this meeting, Capital Pump & Equipment

Dinner Menu:  
Garden Salad (GF/VE/V)  
Choice of Ranch or Italian  
Dressing  
Chicken Enchiladas  
Refried Beans (GF/VEN)  
Spanish Rice (GC/VEN)  
Chips & Salsa  
Dessert  
Iced Tea

\$40 Per NAWIC Member  
\$50 Per Non-Member / \$35 students

*RSVPs received after the date cannot be  
guaranteed a meal.*

*Cancellations within 78 hours of the event and  
No-Shows will be charged.*

Note in your RSVP if you require gluten-  
free or vegetarian options.

RSVPs are due by October 5th

[RSVP Here](#)

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**Mark your calendars for these events:**

**October 11th** – Membership Meeting (Installation of Board Members)

**October 13th** - NAWIC Golf Tournament

**October 27th & 28th** - PSW Fall Conference in El Paso, TX

**November 14<sup>th</sup>** – Cornerstone Awards Banquet

**November 15th & 16th** -Construction Career Days

**December 2nd** - NAWIC Night at the Gaslight

**May 8th thru 10<sup>th</sup>** – PSW & PNW Spring Form in Hawaii

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**Website Updates -- Is Your Listing Up To Date?**

**Membership Listings**

Members, please check your listing on our chapter's website and confirm whether your information is correct or you want to add/delete information.

Testimonials

How has NAWIC helped you and your business? Please send a testimonial that we can add to our website.  
Video or written is accepted.

Please contact Debra at [dkeiser@tofeldent.com](mailto:dkeiser@tofeldent.com) with your updates and testimonials.

### Have news to share?

Send job postings, new jobs, promotions, awards, special events, wedding & birth announcements, and more to [amandafr@dpr.com](mailto:amandafr@dpr.com) by the 15th for that month's issue. Let's celebrate your good news!

## NAWIC Monthly Membership Meeting Raffle Sponsorships Available

### Get your five minutes of fame at the Membership Meeting.

For a donation of a \$50.00 gift card of your choice, your personal bio, photo, business bio, logo, and link to your website will be included in that month's newsletter, meeting flyer, and chapter website.

Contact Tracy Miller at [tracy.nawic@gmail.com](mailto:tracy.nawic@gmail.com) for details or to reserve a month.



### JOIN NAWIC NOW

Not a NAWIC Member?

Know of someone who may be interested in becoming a member?

Contact **Tracy Miller** for membership information.

CONNECT WITH US!



**Strengthen and amplify the success of women in the construction industry**

NAWIC Chapter 122 | 2840 N. Country Club Rd Ste. 100, Tucson, AZ 85716

[Unsubscribe \[tracy.nawic@gmail.com\]\(mailto:tracy.nawic@gmail.com\)](mailto:tracy.nawic@gmail.com)

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